Wellbeing By Design @ Work

The 'surprising' connections between wellbeing, employee experience - and business performance









Wellbeing, Employee Experience and Business Performance – the research

Wellbeing the foundation

CIPD Health and Wellbeing at work report 2025

Proactive wellbeing = higher engagement + lower absence

Gallup – State of the Global Workplace

Thriving employees are more engaged and less stressed





Employee Experience the connector

CIPD Good Work Index 2025

Line managers and job design are critical to wellbeing and employee experience

McKinsey

- **1**. Thriving workplace inclusion, balance and purpose shape positive experiences
- 2. Improving global employee wellbeing could create up to \$11.7 trillion in economic value worldwide

Business Performance the outcome

World Wellbeing Movement – Oxford University study Higher profitability and market valuations

Gallup's Global Meta-Analysis 23% higher productivity

When organisations' heavily invest in their employee experience they are:

2x more likely to top rankings of consumer satisfaction

4x more profitable

2.1x more likely to appear on Forbes'
Most Innovative
Companies list

78% of people who feel like they belong at their organisation rate their well-being favourably



CIPD







S&P Global

The 100 firms with the highest EX scores outperform the market - this gap is doubled during periods of growth Higher Stock Prices



An airline with a score
>80 is 6x more likely to
be in the Skytrax
customer ratings
Top 20
Happier Customers



Organisations with
stronger EX scores will
exhibit lower
operational-risk intensity
Less Fines & Penalties





All very interesting - but where to prioritise investment?

- ✓ Benefits & rewards?
- ✓ Flexible working?
- ✓ Equipment & technology
- ✓ Learning & development?
- ✓ Work life balance?
- ✓ All of the above?
- ✓ None of the above?





So, we ran a little experiment on you to see how employee experience & wellbeing impacts your customer experience and brand!





















































































Microsoft







































BROWN THOMAS EirGrid































































Global employee experience analytics & benchmarking platform



Ireland 566

100,000+

Organisations

93

Industries

173
Countries

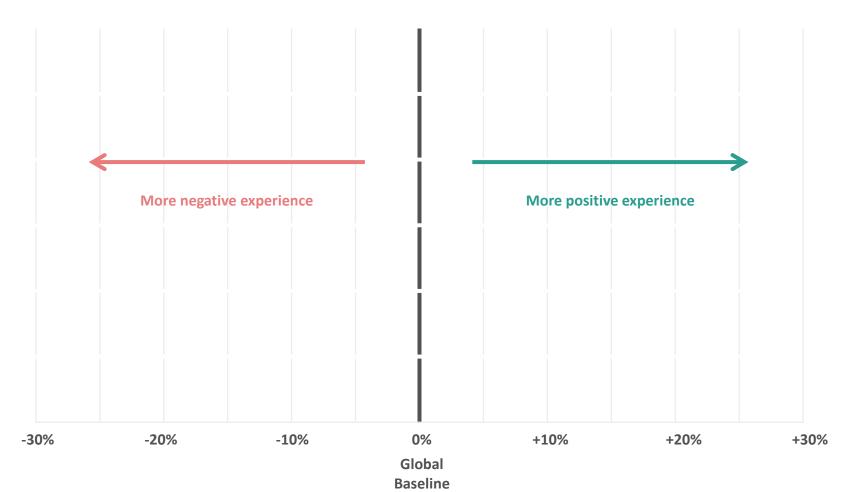




We can compare employee experience & wellbeing on a global scale



EX factors







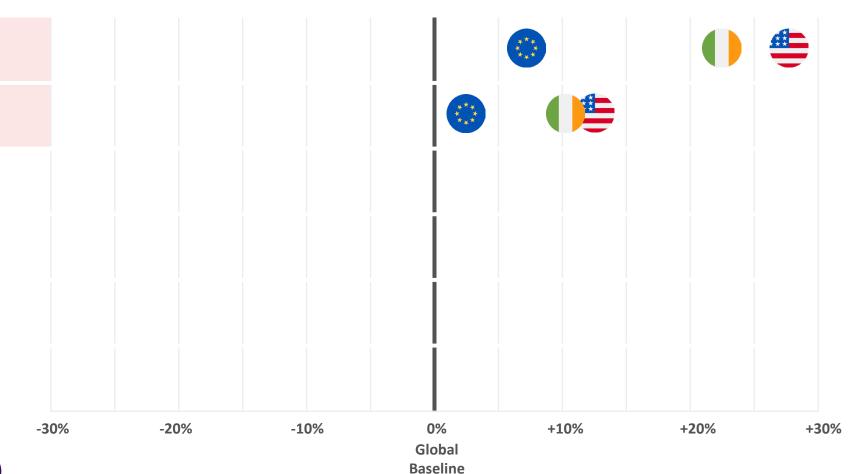


Irish employee experience more like the US



Policy & Process Clarity

Autonomy









Irish employee experience more like Europe

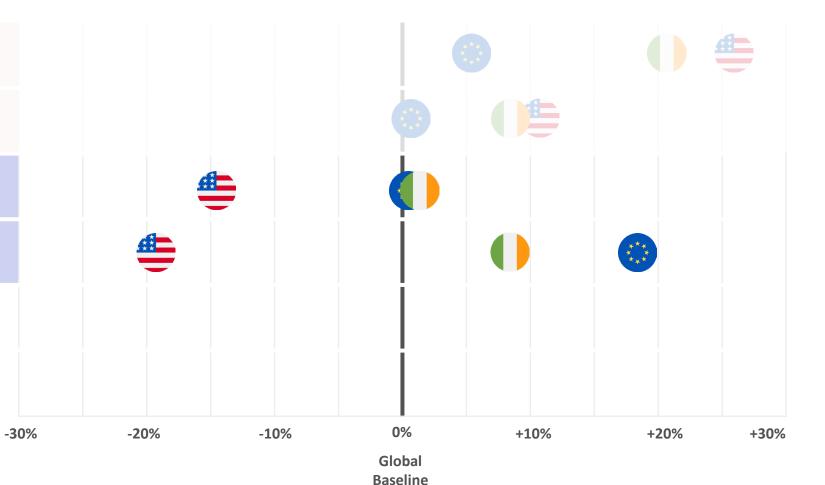


Policy & Process Clarity

Autonomy

Purpose, Impact & Meaning

Work-Life Balance









Irish employee experience leading the way



Policy & Process Clarity Autonomy Purpose, Impact & Meaning **Work-Life Balance Colleagues Peer-to-Peer Communication** -30% -20% -10% 0% +10% +20% +30% Global

Baseline

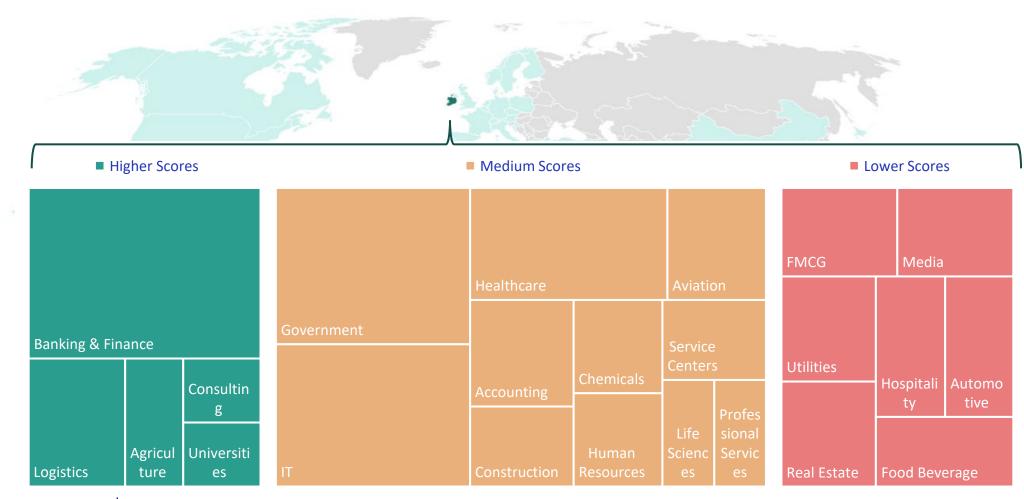






EX scores by industry – 566 Irish instances









*size of tiles indicates the number of measured organizations'



Now back to the experiment





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— Customer Experience —





















































































Microsoft































































































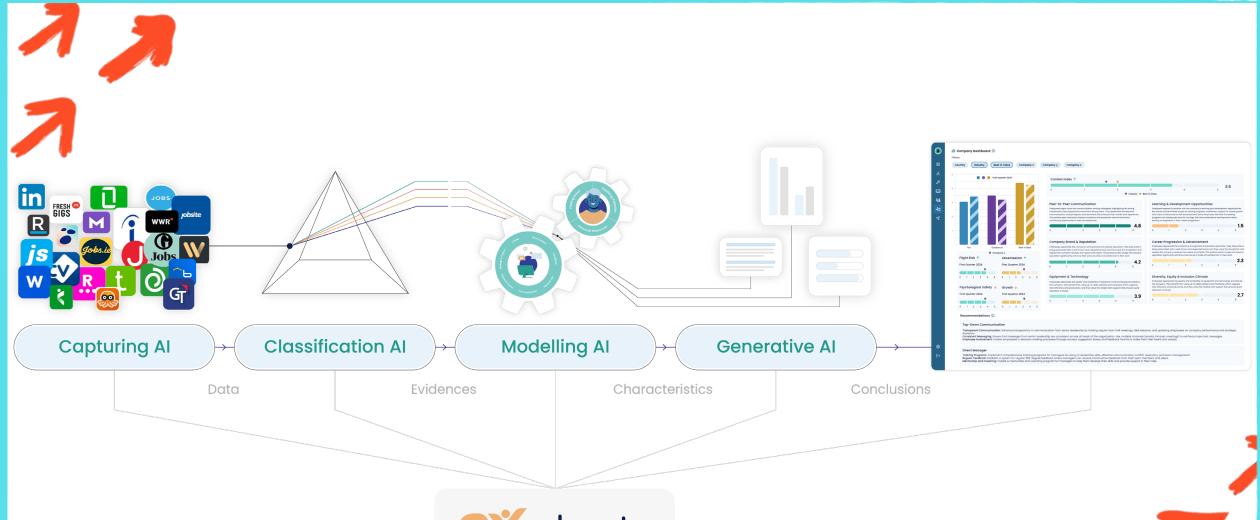














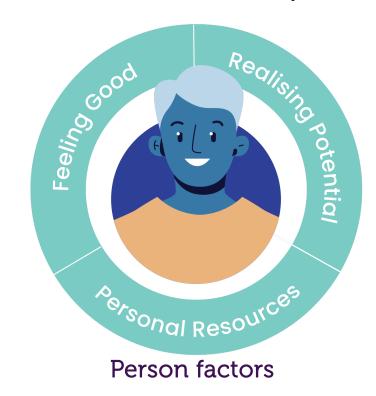






Employee experience | Welliba EX Foundational Model

Employee experience is how people experience their work and life which is the result of the interaction between a person's characteristics and their environment.









10,000s of data sources aggregated...

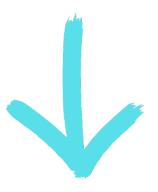


...and analyzed in hours using our LLM integrations











RepTrak Rank = Career Progression + Learning & Development + Employee Perception Of Brand







B

Organisations with high

career progression scores are

2.7x more likely to be in the RepTrak Top 25



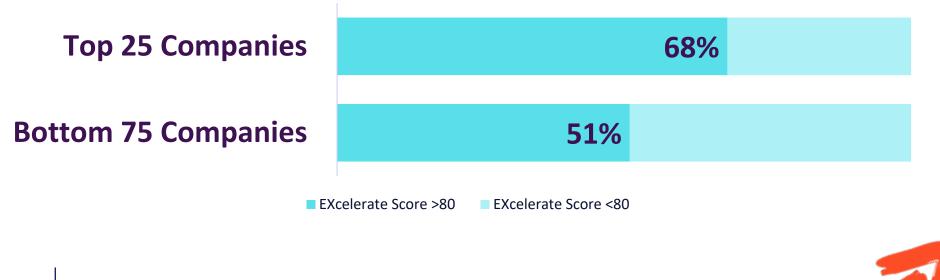




8

Organisations with high

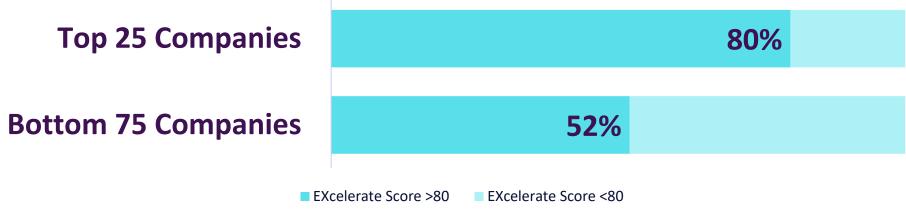
learning & development scores are twice as likely to be in the RepTrak Top 25







A Organisation with a high score is **3.7x more likely** to be in the RepTrak Top 25



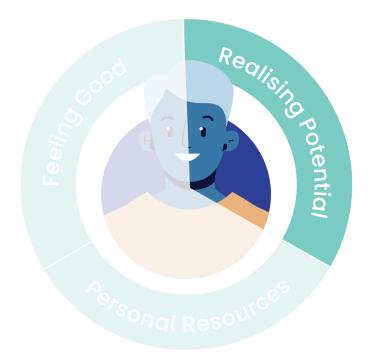






Realising potential | The key to employee experience

Realising potential to have the greatest statistical connection to customer sentiment and brand



R=0.26



Having fulfilled employees who are actively reaching their potential has a measurable impact on the experience that customers have with your business

Person factors



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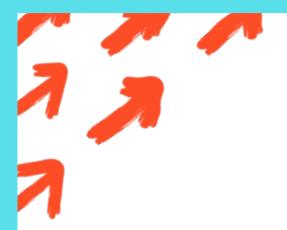
Drum roll please.....

For 2 super organisations





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Annual Ireland Reputation Index 2025 study

	Credit Union	an post	Boots	AerLingus 🎋	BORD BIA IRISH FOOD BOARD	DUNNES STORES	
RepTrak Score	82.4	80.8	79.5	78.7	78.6	78.6	
EX Score	78	82	72	77	85	75	
Excellent				Strong			

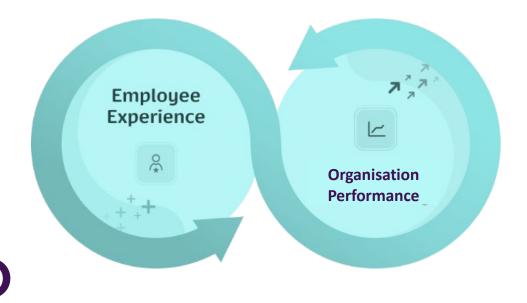




Reference: RepTrak

Wellbeing at Work isn't just an 'Employee' issue

It is a area of organisational performance where we can design intentionally to make a big economic impact











Questions



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